

Appetizers & Soups

Fresh Fruit Cup

Cottage Cheese

Governor's Special

Chef Salad

Soup Du Jour

Cup

Bowl

Mussels - Steeped with shallots, tomatoes, herbs, extra virgin olive oil & clam broth

Salads

Crabcake - The finest lump crab meat seasoned and sautéed and served with a true lemon beurre blanc and field greens

Pastrami Smoked Salmon

Pastrami Smoked Salmon over greens with caramelized candied pecans & goat cheese

Classic Caesar

Crisp romaine lettuce tossed with classic Caesar dressing and homemade croutons

Also Available: Steak Caesar (11.25) Shrimp Caesar Chicken Caesar

Grilled tomatoes and red onion over romaine lettuce, topped with feta cheese and fresh oregano, with a pita

Grilled chicken breast served over mixed field greens with tomato wedges, goat cheese and grilled pita

Citrus grilled salmon fillet over mixed field greens with citrus wedges, pineapple, red onion, with a grilled pita

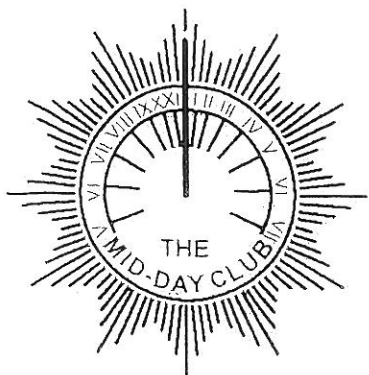
Julienne - Crisp romaine and lettuce topped with tomato wedges, hardboiled egg, cucumbers, and julienne of ham, turkey and Swiss cheese

Mid Day Salad - Romaine lettuce topped with salami, provolone cheese, artichoke hearts and tomato wedges

Fresh Fruit Salad - Seasoned fresh fruit served with cottage cheese or sherbet
With sliced turkey

Greek Salad - Fresh field greens, tomato, Kalamata olives, cucumbers, feta cheese, with grilled pita (Also available with fresh spinach)
With grilled chicken) With grilled shrimp With grilled strip loin

Reuben Salad - Warm corned beef, sauerkraut, and melted Swiss over romaine lettuce with Thousand Island dressing and rye toast



DAILY SPECIALS

November 17, 2011

Soup

Medley of Mushroom with Thyme

Entrees

Salmon Filet Sauteed with Shallots and Cucumbers, Served with Roasted Carrots and Parsnips

6 oz. Filet Mignon Served with Roasted Carrots and Parsnips

Specialty Item

Field Greens with Salami, Ham, Mozzarella Cheese, Artichoke Hearts, Onion and Assorted Olives, Choice of Dressing

Special Sandwich with Choice of Soup or Green Salad

Tuna on Italian Toast with Romaine Lettuce

Also available - Apple Cider, Warm or Cold

Dessert

Apple Pie

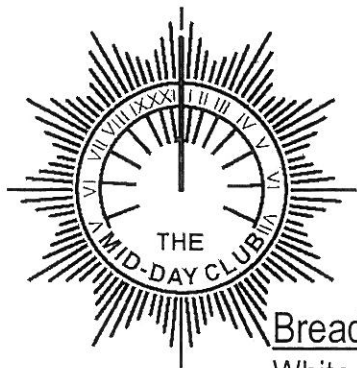
Chocolate Cream Pie

Pumpkin Pie

Chocolate Chunk Cookies

*Please visit us online at www.middayclubbuffalo.com
Members - Don't forget we can deliver lunch to you within the Liberty Building.*

Sandwich Board



All sandwiches served with pickle wedge and garnish.

(Additional Meat Items add .50 per item)

Assorted Clubs-Ham-Turkey-Tuna

1/2 Sandwich

1/2 Sandwich and Cup of Soup

Bread	Meats	Cheese	Et Cetra
White	Smoky Bacon	American	Romaine
Wheat	Smokehouse Ham	Swiss	Artichoke Hearts
Rye	Italian Salami	Cheddar	Tomato
Italian	Sahlen's Bologna	Mozzarella	Tuna Salad
Pita	Liversausage	Goat Cheese	Egg Salad
Wrap	Turkey	Provolone	Sardines
12 Grain	Corned Beef Brisket		Peanut Butter & Jelly

Pastrami Smoked Salmon Sandwich

Pastrami Smoked Salmon on 12 grain bread, open-face, with tomato, red onion, capers and grain mustard

The Mid Day Club

Marinated grilled chicken, crisp Romaine lettuce, tomatoes, goat cheese and Italian dressing, stacked on grilled pita bread

Classic Reuben

Corned Beef Brisket on Grilled Rye with Thousand Island dressing, sauerkraut and Swiss cheese

Italian Turkey Melt

Sliced turkey, provolone cheese, tomato and mayonnaise on grilled Italian bread

Garden Burger

Low fat vegetarian burger served on grilled pita bread with lettuce, tomato, feta cheese and dressed with an Italian dressing

Fresh Vegetable Wrap

Assorted fresh vegetables, seasoned hummus, shredded lettuce, tomatoes and artichokes rolled in a wrap and served with fresh fruit garnish with chicken

Lunch Served Daily From 12:00pm-2:00pm



Entrees

Sauteed Shrimp Tossed with Pasta

Shrimp dusted with seasoned flour, sautéed with garlic and fresh herbs and finished with a lemon butter sauce and served over pasta

Mediterranean Strip Steak

- Charbroiled strip steak topped with sautéed spinach, garlic, tomato, Kalamata olives, feta cheese, served on Italian garlic toast

Grilled Chicken 21st

- Chicken breast marinated and grilled, served with grilled vegetables and salad greens finished with fresh herbs

The Liberty Chicken

- Sautéed chicken tossed with garlic, herbs, pasta, fresh vegetables and parmesan cheese

Desserts

Ice Cream & Sherbet
Sundaes
Sundaes (split)

Beverages

Freshly Brewed Coffee
Iced Tea
Hot Tea
Cola, Ginger Ale, 7-Up
Milk (2%)
Assorted Juices
S. Pellegrino by the glass
Root Beer by the glass

All Prices Subject to Change